

Holistic & Sports

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| Body Massage..... | £8.00 |
| Aromatherapy..... | £10.00 |
| Indian Head Massage..... | £5.00 |
| Sports Massage..... | £9.00 |
| Hot Stone Massage..... | £10.00 |

Case Studies

(Courses consist of 5 treatments)

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| Aromatherapy..... | £20.00 |
| Body Massage..... | £20.00 |
| Indian Head Massage..... | £20.00 |
| Hot Stone Massage..... | £20.00 |



Opening Times

Eden reception is open;

*9.00am to 4.00pm - Monday to Friday
Evening appointments are available*

Tel: 01432 365 343



Herefordshire & Ludlow College
Formerly Herefordshire College of Technology
Folly Lane,
Hereford, HR1 1LS

Herefordshire & Ludlow College

Hairdressing

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| Perms* | from £20.00 |
| Highlights / lowlights cap* | £22.50 |
| Spatula colour* | £22.50 |
| Highlights / lowlights foil* | £25.00 |
| Re-growth colour* | £22.50 |
| Full head colour* | from £25.00 |
| Quasi* | £20.00 |
| Semi-colour | £15.00 |
| Re-styling | from £10.00 |
| Shampoo & set | £5.00 |
| Trim, shampoo & set | £8.00 |
| Blow dry | £5.00 |
| Trim & blow dry | £8.00 |
| Wet cut | £7.00 |
| Dry cut | £4.00 |
| Luxury conditioning treatment (includes massage) | £4.00 |
| High frequency treatment | £2.00 |

*Skin test required prior to hair colouring.

Please call 01432 365490 to make an appointment at the Hair Salon.



Beauty

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| Basic manicure | £5.00 |
| Manicure & paraffin wax | £6.00 |
| Manicure & hand mask | £6.00 |
| Basic pedicure | £5.00 |
| Pedicure & paraffin wax | £6.00 |
| Pedicure & foot mask | £6.00 |
| Full leg wax | £7.00 |
| Half leg wax | £5.00 |
| Bikini line wax | £4.00 |
| Underarm wax | £4.00 |
| Lip & chin wax | £4.00 |
| Eyebrow wax | £4.00 |
| Basic facial | £6.00 |
| Facial, steam & extraction | £7.00 |
| Make-up | £5.00 |
| Eyebrow tidy | £4.00 |
| Eyebrow tint* | £4.00 |
| Eyebrow tint* | £2.00 |
| Eyebrow & eyelash tint* | £5.00 |

*Skin test required prior to tinting.

Please note that we only offer some treatments at certain times of the year - please call to check.



Beauty

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| Vacuum suction – face | £6.00 |
| Aids with lymph drainage to reduce puffiness | |
| Vacuum suction – body | £8.00 |
| Aids with lymph drainage and removal of cellulite | |
| Micro-current – face | £10.00 |
| Non-surgical facelift | |
| Micro-current – body | £8.00 |
| Firms, tones and aids removal of cellulite | |
| Faradic – body | £8.00 |
| A muscle-toning treatment | |
| Galvanic – face | £8.00 |
| A deep-cleansing facial | |
| High-frequency – face | £6.00 |
| Aids blemishes and problem-prone skin | |
| Spray tan | £15.00 |
| Lotion tan | £10.00 |

Please call 01432 365487 to make an appointment at the Beauty Salon.



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